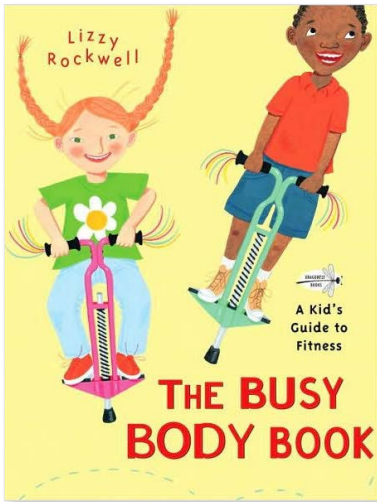


Grade 1: Domain 2

The Busy Body Book: A Kid's Guide to Fitness



by Lizzy Rockwell



●●● QT: 680L

Read-Alouds with this rating may demonstrate sophisticated syntax and nuanced content.

●●● QL: 2

These Read-Alouds may include some complexity in structure and purpose. The language may include some unconventional phrasing, idioms, or other specialized phrasing.

●●● RT: 1

This unit's tasks and activities are typically straightforward and do not require substantial external knowledge or experience.

Summary: Students learn how key body parts work within the human body in this colorfully illustrated informational text, which features a diverse group of children engaging in various physical activities. Detailed diagrams of the human body focus on important body systems, providing the names and functions of key body parts. Students learn that while each body part plays a role, they must all work together to keep us strong and healthy.

Essential Question

How does the human body work?

Use the chart below to review key body parts and their functions with students. Refer to the diagrams and text in the book during the discussion.

Body Part	What does it do?
Skeleton	<ul style="list-style-type: none">• supports and protects the body• helps us move
Muscles	<ul style="list-style-type: none">• help you move, lift, and stretch
Brain and Nerves	<ul style="list-style-type: none">• control every move• get information from the world
Lungs	<ul style="list-style-type: none">• inhale oxygen, exhale waste• send oxygen to brain and muscles
Heart and Blood Vessels	<ul style="list-style-type: none">• move oxygen to other parts of the body• pump blood through the body
Stomach and Intestines	<ul style="list-style-type: none">• provide food and water to the body• provide materials to build bone and muscle

Vocabulary Routine

Tier 2 Vocabulary Words

build
controls
pumps

Tier 3 Vocabulary Words

skeleton
muscles
brain
oxygen
heart
lung
intestines

Performance Task

Read each sentence aloud and have students provide the missing word.

1. Without my _____, oxygen could not get to my brain and muscles. (lungs)
2. My stomach and intestines provide _____ and _____ to my body. (food, water)
3. My brain _____ every move I make. (controls)
4. My body is protected and supported by my _____. (skeleton)
5. Blood is pumped to my body by my _____. (heart)

Students should be able to

- provide the correct missing words for each sentence.

Writing Prompt

Have students write a sentence or sentences based on the following prompts. Encourage students to write in complete sentences.

- What is your favorite body part? Why?
- What was the most interesting thing you learned from the book?
- Write about one activity you do that helps your body stay strong and healthy.

Talking About Text

After the initial reading of the book, use the routine below to discuss additional text elements.

- Features of Text
 - Discuss the features of the book including multiple diagrams with title, bolded words, explanations, and other diagram features.
- Author's Purpose
 - Ask students why they think the author wrote the book. Accept all reasonable answers, such as to give information about the human body or how to keep healthy. Students will gain a better understanding of text purposes over time.
- Identifying Information
 - Ask students how they might find specific information in the book, such as information about the bones in the human body (e.g., the skeleton diagram and the text in that section.)